

#### HAPPY BIRTHDAY!

TO OUR

#### OCTOBER BABIES!

- \* John Bowman \* Julie Hanson \* Gail Hinrichs \* Margaret Karolak
- \* Carolyn Kilmer \* Bob Lehman \* Greg Mounteer \* Jim Ott \* Diane Queen-Miller \* Phyllis Shannon
- \* Gloria Shirtliff \* Paul Suek \* Mary Turner

You can now pay your dues <u>online</u> with credit card via Paypal!



We take cash or check in the office

WE ARE NOW LOOKING FOR GRANT WRITERS!

WE ALSO NEED SMALL BOXES
FOR OUR KSC CHRISTMAS WRAP
FUNDRAISER

## MEMBERS ARE ENCOURAGED

Check your Membership Renewal date. If you aren't sure, please call the office at 406-609-5351

Spooky Spa Day! Come enjoy a pumpkin facial and get your nails painted in Halloween colors on October 21st @ 1 p.m. to get all spiffed up for our Harvest Festival on

October 26th at 1:30.



## VOTE FOR CHANGES OF THE PROPOSED BYLAWS AT GENERAL MEMBERSHIP MEETING

The following summary of proposed Bylaw amendments have been approved by the Board for membership approval at the General Meeting on October 18, 2024

Section 1.06 – General membership meetings to be held in April and October, instead of quarterly.

Section 4.01– Board director terms to be 3 years instead of 2.

Section 5.01– Officer term to be 1 year instead of 2.

Section 8.03 – Eliminate restriction of only one member per family on each committee.

Full wording of these proposed amendments will be available at the meeting or in advance from the office.

## OCTOBER 2024

# KSC GAZETTE



40-11th St West, Ste 110, Kalispell

406-609-5351 email@kalispellseniorcenter.us

#### Statement of Purpose:

The association is organized and operated exclusively for charitable purposes to promote and enhance the health, well-being, social, cultural, and intellectual activities of citizens 55 or older. The focus is on seniors residing in the general area of the city of Kalispell, MT.

### National Candy Corn Day





Eat Your Vegetables: One kernel of candy corn has about 7 calories.

Feed Your Chicken: Candy corn has been around since the 1880s and was originally called "Chicken Feed" by the Goelitz Confectionery

#### WELCOME!

**NEW MEMBERS** 

**LINDA GUIZZO** 

**SANDY PAYNE** 

**VERLA GUERRERO** 

**DELORES WILKINSON** 

KAY MCSHANE

**CHARLIE RATE** 

#### **BOARD OF DIRECTORS**

Gerri Backes, President 2023-2025

John Bowman, Vice President 2024-2026

**Serving 2023-2025** 

Judene Jedlicka, Barb Pearson, Bob Spoklie,

Barbara Woodhouse

Serving 2024-2026 Larry Bodmer, Bette Botting, Mike Cartee





October 5th: Open House @ 10 a.m. to 3 p.m. Cookies & Coffee! Displays from all activities on display. A wonderful opportunity for new member orientation! Large art display of art work in foyer.

October 7th: Activity Committee Meeting @ 1 p.m.

October 8th: Board of Directors Meeting @9:30 a.m.

October 17th: General Member Meeting @ 3:30 p.m.

October 21st: Spooky Spa Day @ 1 p.m.

October 26th: 11:30 a.m. Harvest Festival Potluck Sign Up Sheet

Needed for soups, breads and desserts! Costume contest & prizes!

October 28th: Presentation by Donna Buckalew from the NW MT His-

tory Museum @ 1 p.m. in the activity room about early

Kalispell history, museum exhibits and programs.

## MEMBERS ARE ENCOURAGED

Sign up sheets are located in bins just outside the Activity Room. Please sign up for each activity or event you want to attend to give planners ample time to provide enough space, food, tables, chairs, etc.

Please no walk-ins

## COMING IN NOVEMBER...

Veteran's Day Celebration on November 9th

Thanksgiving Dinner on November 28th!



## Art room events

OPEN ART—Bring any project you want to work on, we provide the space! Wednesdays from 1:30-3:30. Holly will be teaching a **fall themed art class** focusing on pumpkins, leaves, etc. on October 17th & 24th from 1-3 p.m. \$25 Per Class.

#### BABY ITS COLD OUTSIDE!

We are in need of **volunteers** for the Warm It Up Program. Join us on October 9th @ 1 p.m. in the Activity Center!



Need **Energy Assistance**? Check out www.capnm.net or call 406-758-5433 for more Information about LIHEAP, the low income home energy assistant program!



Chair Yoga is a gentle class adapting yoga poses with a chair. This class cultivates awareness and deep relaxation through mediation, breath work and gentle stretches. Join us in the activity room and check our calendar for dates

#### **EVENING DANCE CLASS**

**Argentine Tango** is every Tuesday at 6:30 for beginners and 7:45 for advanced dancers.

Website: Kalispelltango.com

Social Dance & Beginner Lesson with **North End Swing** is 1st and 3rd Friday of the month at
6:30.

